

**WOMEN'S**

Registration Emmaus 4th Day Renewal

Mail with check payable for \$85 to Camp Overlook-- **Register before Jan 1st deduct \$5**  
Camp Overlook, 3014 Camp Overlook Lane, Keezletown, VA 22832  
Registration deadline: Jan. 19, 2024

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_ Walk # \_\_\_\_\_

Special Needs: \_\_\_\_\_

Food Restrictions cooks need to know: \_\_\_\_\_  
Bring your favorite snack!

**MEN'S**

Registration Emmaus 4th Day Renewal

Mail with check payable for \$85 to Camp Overlook-- **Register before Jan 1st deduct \$5**  
Camp Overlook, 3014 Camp Overlook Lane, Keezletown, VA 22832  
Registration deadline: Jan 26, 2024

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_ Walk # \_\_\_\_\_

Special Needs: \_\_\_\_\_

Food Restrictions cooks need to know: \_\_\_\_\_  
Bring your favorite snack!

**Lay Directors**

Janine Miller  
Paul Goulart

Overlook  
Retreat & Camp Ministries  
540 2MY-CAMP  
CampOverlook@gmail.com  
3014 Camp Overlook Lane  
Keezletown, VA 22832  
www.CampOverlook.org

**Travel Directions**

From South: I-81 N to exit 251,  
Rt 11 N (3.3 miles) to Fellowship Rd (721)  
Right on Fellowship to Indian Trail Rd.  
Left on Indian Trail Rd (717)  
to Fridley Gap Road  
Right on Fridley Gap Rd (811)  
to fork at Armentrout Path  
Right at Armentrout Path (722) to Camp  
*Right at Welcome sign,  
Left at South Gate Entrance  
go to top of hill to the Blessings Lodge*

From North: I-81 S to exit 257,  
Left on Rt.259 to Stop light  
Right onto Rt 11 S (4 miles)  
Left on Martz Rd (806) to Mtn Valley Rd (620)  
Right on Mtn Valley Rd (620) 1.8 miles  
Left on Armentrout Path (722)  
See italics above!

Emmaus  
**MEN'S and WOMEN'S**  
Fourth Day  
Renewal Retreats



*Refreshed  
for Your  
Fourth Days  
2024*

**Jan. 26-27 Women**

**Feb. 2-3 Men**

## Fourth Day:

For three “Emmaus” days we basked in the messages of God’s love and His desire for a relationship with us. We feasted with food and fellowship. We were challenged to live lives of Prayer, Study, and Christian Action. And then, we returned home to our Fourth Day - all the days that have followed since.



## Renewal:

How have your Fourth Days been? Have you had some “ups” and “downs”? Could you use a little “shot in the arm” to remind you of, and renew you for, following God’s call? Most of us do, and this weekend is just for us.... and for God! We have only 50 openings so don’t delay in sending in your registration!

## What to expect:

This retreat will capture some of the elements of your Emmaus Walk. There will be three new talks on life in Christian Action by lay people who have previously shared talks on Emmaus weekends. Spiritual Directors will lead us in creative and inspiring worship, and there will be plenty of music to help our hearts and voices soar. But most powerful of all, as we fellowship together and spend time in prayer, we will be fellowshiping with God!

**Blessings Lodge:** Dress is casual and our accommodations will be luxurious compared to Agape Hill. Motel-like rooms have private showers and complete bedding and linens. There could be up to 4 individuals sharing a room.



## Schedule:

Don’t anticipate! The idea of a retreat is to get away from life’s demands and refocus on God. It is time we give to God as we try to better discern His will in our lives. But.....

Try to arrive by 5:30 to check into your room. We will begin our retreat in earnest at 6:00 with supper and return to the real world for supper at home on Saturday.

As on the Emmaus Walk, we encourage you to leave behind all those gadgets that draw you out of retreat and back to business.



## Y’all Come:

Do your table brothers or sisters a favor and be sure they are invited to our Renewal Retreat as well. This is something you can enjoy every year as many of us intend to do! Anticipate!

*Online registration available*  
[www.CampOverlook.org](http://www.CampOverlook.org)

**Register before  
January 1 and  
save \$5.00!**