

"The Walk to Emmaus has helped our church put Christian discipleship into

action,

spurring Christian growth that otherwise might have taken years."

— Rev. Juana Jordan, Pastor, Harris Chapel UMC, Oakland Park, FL



Someone wants to sponsor you.

To attend a Walk to Emmaus, a participant must be sponsored. Your sponsor will travel the Emmaus journey with you through prayer and love. For more information about sponsorship in your area contact:

Journey with us today.

Other offerings in the Emmaus tradition:

Chrysalis is designed to help young people grow spiritually in ways that lead to wholeness and increased readiness to live out their Christian discipleship in today's world. chrysalis.upperroom.org



chrysalis
THE UPPER ROOM®

Face to Face is for persons 60 and older. Open to Christians who want to strengthen their spiritual lives, Face to Face allows the opportunity to rediscover Christ's presence, gain fresh understandings of God's transforming grace, and form friendships that foster faith and spiritual maturity. facetoface.upperroom.org



FACE to FACE
THE UPPER ROOM®

Journey to the Table is an opportunity for young adults, 18 to 35 years old, to explore their faith through authentic teaching and open discussion, to build relationships with a community of their peers, and to create spaces of Christian action in a transitory time of life. journey.upperroom.org



JOURNEY
TO THE TABLE
THE UPPER ROOM®



Contact the Emmaus Office at
P.O. Box 340004 • Nashville, TN 37203-0004
In Canada, the United States, and Puerto Rico, call
toll free 1-877-899-2780 ext. 7113 or 615-340-7113
emmaus@upperroom.org • emmaus.upperroom.org

UR16

Join us on an

EMMAUS

Journey with Christ



WALK TO
EMMAUS
THE UPPER ROOM®

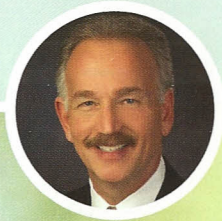
Do you seek...

- spiritual renewal?
- new understandings of God's grace and love?
- worship and community with other believers?

Are you...

- a member of a local church?
- 18 years or older?
- desiring to strengthen your spiritual life?
- seeking answers to questions about your faith?
- willing to dedicate your everyday life to God?

The Walk to Emmaus is for you.



The Walk to Emmaus has

transformed

hundreds of people that I've known personally
—drawing them closer to the Lord and challenging
them to get involved in our church and to
use their gifts accordingly.

—Rick Minett, Pastor, Grace Community Church, Houston, TX

The Walk to EMMAUS

seeks to inspire, challenge, and equip leaders for Christian action in their homes, places of work, and communities.

On an Emmaus Weekend, you will:

Sing, reflect, pray, worship, learn, share Holy Communion, participate in small groups, experience God's grace in community and in the world, and understand Christian love in action.

After an Emmaus Weekend...

you are invited to have a closer walk with Christ through worship, study, and active participation in your local church and by becoming active in service to the world.

To nurture Christian discipleship, the Emmaus movement offers:

- small groups of four to six people that meet weekly to reflect on their spiritual journey and encourage one another in Christian discipleship
- monthly community gatherings where Emmaus participants meet for fellowship, worship, and instruction
- ongoing communication about community events, support needs for upcoming Walks to Emmaus, and other opportunities for servant leadership

They asked each other,
"Were not our *hearts*
burning within us
while he talked with us on the road
and opened the *Scriptures*
to us?" (Luke 24:32)

Emmaus empowers leaders to be the hands and feet of Christ.

