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This newsletter is mailed to those who do not use email and will be posted on the [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org) website. If you have received this printed edition and use email, it would be very helpful to have your email address. Over time, this saves the community considerable time and expense. It will also get information to you more quickly since the newsletter is published only several times a year and email updates are semi monthly. Please email Ron Robey at [Robeyhome@gmail.com](mailto:Robeyhome@gmail.com) with your updated information.

## Emmaus Walks

### Men's Walk #113, October 5-8, 2023

### Women's Walk #114, October 12-15, 2023

**Men's Lay Director— Joe Amend      Women's Lay Director— Allyson Gillispie**  
*Full teams and Pilgrims will be listed on our web site: [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org)*

### We're Walking Again!

Team Training is already in place and happening. Please pray for Men's Walk #113 led by Joe Amend and for the Women's Walk #114 led by Allyson Gillispie

Pray for the protection of all. The evil one loves to produce chaos in the lives of the faithful. Pray that each person, pilgrims as well as team members will experience the love and grace of God like they have never experienced it before.

Remember when you walked and learned of the prayers being offered up for you by folks you didn't know or will ever have the pleasure of meeting. That was pretty powerful for me, looking at all those names and asking why. Why would someone do that for me? That's grace. The last thing on Jesus' mind was you; that's grace!

De Colores,  
Vicki Barb, Community LD, Walk #38

### Gathering in Staunton 9/16 Gypsy Hill Park 10:00-Noon

We plan to meet at the shelter on the hill near the National Guard Armory. Just put [301 Constitution Ave, Staunton, VA 24401](http://301 Constitution Ave, Staunton, VA 24401) in Google maps. We will have it marked with signs and there will be people there to guide you to parking, especially if you have mobility issues.



Starting time is 10 am. Bring your favorite snacks and be ready to raise a praise! Afterward, you are invited to join Janet Knott and Jenn Strother on a stroll around the Park spreading a little Jesus!

This is the last Gathering before the Fall Walks. We will anoint those team members who can be present and pray for them all!

If weather prevents us from being outside, we will gather at nearby Cherryvale UMC at 709 Cherry Hill Drive. The walk in the Park will take place rain or shine.

### Inflation Hits Emmaus

After several years on minimal increase, Overlook fees jumped 20% this year and are scheduled to climb another 6% in 2024. Upper Room Emmaus raised pilgrim fees from \$12 to \$25. After struggling with how to manage the added expense, the SVEC Board projects the following after the current walks:  
Sponsor fee: 175      Pilgrim application fee: \$50      Team fee: \$185

To help individuals with these fees the following will be available:  
Team fee: 1/2 scholarship on request  
Sponsor fee: **Sponsor Partners Club-** *Sponsor Partners sign up to help sponsors that need it!* Participation form on-line or request to be mailed!  
Offerings from Candlelight & Gatherings will help fund scholarships.

### Walk Weekend Schedule

*In case you forgot!*

Thursday  
6:30 Pilgrim Check-in  
7:00 Send—Off & Sponsors' Hour  
Saturday  
8:00 Candlelight  
Sunday  
4:30 Closing



[Sponsor Kits](#) are available online. There is even online registration you can share with your pilgrim. Need a Sponsor Kit mailed?

Leave a voice message with name and address at 540 434-3539 for Ron Robey.

### We Need YOUR Help for these Walks

It takes hundreds of people pulling together to conduct a Walk!

You can volunteer to help through signups at the Gathering, or [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org) (see back)

### Agape— Reminders of God's Unconditional Love

Everyone is invited to make some agape for the upcoming Emmaus walks.

We would probably need about 55 pieces per walk. Also anyone having soaps or shampoos or toothpaste from spending time on cruises or in hotels please bring them to the agape room or send with anyone who is coming to the picnic next month. God bless and thank you.

*The Agape room fairies*

## Getting Ready for the Walks! Help!!

Besides the preparations of the teams, there is a lot to get ready by the community. Check in with the following leaders serving on the Board to let them know you can help!



**Agape-** Penny Buracker 540 244-2058 M

**Prayer Vigil-** Marlene Chandler 540 421-2485 M  
"Prayer vigil sign up lists will be available at the Sept. Gathering and can also be accessed by going to <https://shenandoahvalleyemmaus.weebly.com/prayer-vigils.html>, or the Shenandoah Valley Emmaus Community Facebook group page and clicking on the link that will take you directly to the community page so folks can get to the prayer vigil lists quickly with a single click."

**Special Events-** "No Board leader presently"  
*We'd love to talk with you if you are interested in serving on the Board in this capacity.*

*You may sign up to be a leader on one of the Walks for Saturday Servers, Send-Off & Candlelight M.C.*

**Refreshments-** Tammy Gordon M 540 830-9138  
Thursday & Sunday (Sandwiches) Snack Tables, Ice Cream Socials

**Set-up & Clean-up-** Randy Robinson 540 810-2692 M  
Sponsor's Hour, Candlelight, or Closing

*You can sign up for any of these community service roles at [Emmaus Walk Events Sign-up Lists](#)*

## Our Emmaus Board Needs YOU!

Serve on a Board? Who, me!? The Emmaus Board is different from many. It is family, your brothers and sisters willing to help out to make sure we have Emmaus leadership and experiences. Without these volunteers there would be no Emmaus Walks, Gatherings, and Agape! They are the ones who figure out how to handle pandemics and other unexpected surprises as well!

Volunteers for the Board serve a 3 year term and generally manage one of the various work areas. You can see who is currently serving and how at (click on position) [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org). Responsibilities currently open include: Walk Events, Music, Communications, Outreach & Nominations. Prayer Vigil will be open 1/1/24. Call Vicki for more info or to express interest.

Meetings last generally about 30-45 minutes following a Gathering. The Board has met via Zoom during the worst of Covid. Contact the Community LD for more info or to place your name (or a friend's) in nomination.

We hope you will say, "**Here Am I, Send Me!**"

### Contact Us!

Community Lay Director 2023  
Vicki Barb

540 975-0680 VBarb88@gmail.com

Community Address c/o Tim Armentrout  
57 Hamshire Way  
Fishersville, VA 22939-2140

Web: [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org)

FB: [ShenandoahValleyEmmaus Community](https://www.facebook.com/ShenandoahValleyEmmausCommunity)

## Last Call for Pilgrims!

It is still not too late to invite one to know Christ better through the Emmaus Walk. They need to clear their schedule. You need to arrange for letters. There is help available for finances. You may download a Sponsors' Kit at [ShenandoahValleyEmmaus.org](http://ShenandoahValleyEmmaus.org) or call Ron, 540 434-3539, and leave a message to have one mailed. But, do it now!

## The Upper Room— Where Disciples Gathered with Jesus

Matthew 26: 17-30

We remember the story well, how Jesus broke bread with His followers on that last night together. Though they did not fully understand everything, He revealed Himself to them in a deep and life changing way. We have Upper Room experiences frequently on our Emmaus Walks! Is it any surprise that the Walk to Emmaus is organized through The Upper Room Ministries!?

More than that, the Upper Room publishes a host of devotional and study materials. One example from the Daily Upper Room Devotional follows below:

NO KINDNESS TOO SMALL

FRI  
AUG 18  
2023

READ Acts 2:32-35

*Whoever is kind to the poor lends to the Lord and will be repaid in full.*

— Proverbs 19:17 (NRSVUE)

One day when I was in line at the grocery store, a woman was looking to see how much money she had. Sadness grew on her face as she saw she did not have enough to cover everything. She ended up having to leave a couple of items behind. As she walked away, the person right behind her told the cashier to put her remaining groceries on his tab. The box boy grabbed the groceries and chased after the woman as she left. A few minutes later she came bounding back into the store, thanking everyone she could find for helping with her purchase. She never found the person who actually bought those last couple of items, but he saw her and had a big smile on his face.

Jesus wants his followers always to look for opportunities to serve, to "pass his love forward." For that man the amount of money he spent for the woman's groceries may not have been very much; but to her, it was significant. I don't think anything can truly be called a "small kindness." What we may consider insignificant might move someone from sadness to hope. As Christians we should understand that no matter how small the kindness we exhibit, it can be magnified many times over by God to change someone's life.

**THOUGHT FOR THE DAY**  
There is no such thing as a small act of kindness.

**Prayer:** Dear Lord, strengthen us to show your love and kindness to everyone we meet. Amen.

Wayne Holland (Nevada, USA)

**Prayer Focus: THOSE STRUGGLING TO PAY FOR FOOD 59**

Visit <https://www.upperroom.org/devotionals> to order your own copy or view online. Great help for your Study & Piety and as the above demonstrates... Christian Action!